## Montana Lifespan Respite (LSR) Coalition

The Montana LSR Coalition is a group of individuals from agencies, state departments and non-profits, caregivers, and others interested in improving the quality of life of family caregivers and those that need support.

#### **Mission Statement**

To establish a statewide, coordinated system of easily accessible, quality, and affordable respite care services for Montana's family caregivers of individuals regardless of special needs.



**Vision Statement** 

To provide all family caregivers access to a quality community-based respite care service that is affordable and flexible to meet their needs.

#### Lifespan Respite:

- For all ages.
- For families and individuals who identify a critical need for relief, regardless of age, income, race, ethnicity, special need or situation.
- For maintaining caregiver health, decreasing family stress, reducing risk of abuse and neglect, and out-of-home placement.

#### For more information contact:

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DEAP 2200 Box Elder

Miles City, MT 59301 Phone: 406-234-6034 1-800-224-6034

or for respite assistance 1-800-551-3191 Mon – Fri 8AM to 5PM



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Montana
Lífespan Respite
Voucher
Program

It's OK to need it. It's OK to want it. It's OK to get it!



#### What is Respite?

- Respite is a temporary break for family and individual caregivers.
- Respite may include in-home care, companionship or outings.

## How does the Montana Lifespan Respite Voucher Program work?

- The respite voucher program is an opportunity for family and individual caregivers with limited resources to obtain assistance and get a break from their caregiving responsibilities.
- Funding is available based on a sliding fee scale according to income.

#### How do I apply?

Complete an application and submit with all the required information. Applications can be filled out online at www.respite.mt.gov or call 1-800-551-3191 to have an application mailed to you.

### What happens next?

- You will receive a phone call within five working days to let you know if you have been approved for funding and the voucher process will be explained.
- If approved, you will receive a respite packet in the mail and will have 90 days to use the approved respite amount.

#### Who provides the respite?

→ You may go through an agency that employs respite providers, hire a private respite provider or you may use a combination of both. The respite provider cannot live in the same household as the care recipient and must be at least 18 years of age.

# How do I find an agency that employs respite providers where I live?

Review the searchable database on the respite website, www.respite.mt.gov where you can search for agencies that employ respite providers as well as other resources available in your area.

# What if I need help with the paperwork or finding resources?

→ You may call 1-800-551-3191
 or
 (406) 234 - 6034
 Mon - Fri 8AM to 5PM



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